

September Breakfast Menu 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Cereal Choice Cinnamon Toast Apple Wedge Milk Choice	Cereal Choice Pancake and sausage on a stick Warm maple syrup Apple juice Milk choice	Cereal Choice Crunch French toast Warm maple syrup Grape Juice Milk Choice	This institution is an equal opportunity provider
29	30	31	1	2	3	4
	Labor Day	Cereal Choice Belgain Waffle Sticks Chilled Grape Juice	Cereal Choice Breakfast Sandwich Apple Juice Milk Choice	Cereal Choice French Toast Sticks Warm maple syrup Grape Juice	Cereal Choice Warm Pancakes Sausage Patty Cinnamon Applesauce Milk Choice	
5	6	7	8	9	10	11
	Cereal Choice Scrambles Eggs Warm toast Chilled Grape Juice Milk Choice	Cereal choice Biscuits/Gravy Chilled orange wedges Milk Choice	Cereal Choice Breakfast Pizza Chilled Orange Juice Milk Choice	Cereal Choice Blueberry Muffin Chilled Apple Juice Milk Choice	Cereal Choice French Toast Chilled Grape Juice Milk Choice	
12	13	14	15	16	17	18
	Cereal Choice Cinnamon Tastrie Chilled Apple juice Milk Choice	Cereal Choice Waffle sticks w/ syrup Chilled applesauce Milk Choice	Cereal Choice Breakfast Burrito/ Salsa Chilled Orange Juice Milk	Cereal Choice Warm pancake/ syrup Sausage patty Chilled Apple juice Milk Choice	Cereal Choice Cinnamon toast Chilled Pineapple chunks Milk Choice	Menus are subject to change
19	20	21	22	23	24	25
	Cereal Choice French toast Grape juice Milk Choice	Cereal Choice Crisp waffle/ warm syrup Apple wedges Milk Choice	Cereal Choice Brerakfast Parfait Orange Juice Milk Choice	Cereal Choice Gooley Donut Grape Juice Milk Choice		
26	27	28	29	30	1	2

Grade September Lunch Menu 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Hot Dog Crispy Potatos Baby Carrots Fresh Strawberries Milk Choice	Chicken Fried Steak Whipped Potatoes Country Gravy Hot roll Peas Peach slices	Hamburgers Baked Sunchips Baked Beans Macaroni Salad Watermelon Chunks Cookie Milk Choice	This institution is an equal opportunity provider
29	30	31	1	2	3	4
	Labor Day	Crispitos Tossed Salad Green Beans Cornbread with honey Sliced Peaches Milk Choice	Chicken Strips Augrautin Potatos Steamed Carrots Hot roll Apple 1/2 Milk Choice	Marzetti Mixed Veggies Biscuits/jelly Fresh Cantaloupe Milk Choice	Beef and Bean Burrito Corn Shredded lettuce Salsa Cinnamon Bred Sticks Diced Peaches Milk Choice	
5	6	7	8	9	10	11
	Chicken Nuggets Whipped Potato/ Gravy Green Beans Hot roll Watermelon Milk Choice	Spaghetti Beef Peas Garlic Bread Orange Slices Milk Choice	Tostado Lettuce/Salsa Corn Biscuit/Jelly Strawberry & Bananas Milk Choice	Chicken/ Noodles Whipped Potatoes Green Beans Hot Roll Fresh Peach Cookie Milk Choice	School Pizza carrot/dip garlic bread green beans Cantaloupe Milk Choice	
12	13	14	15	16	17	18
	Crispy Taco Lettuce / Salsa Corn Cornbread/ honey Sliced Peaches Milk Choice	Wafered Turkey/ Bun Crispy Fries Broccoli / cheese Rosey Applesauce Milk Choice	Cheese Pizza Carrots Whole Wheat Roll with honey butter Cantaloupe Chunks Milk Choice	Mini Korn Dogs Seasoned Wedges Green Beans Hot roll Pineapple chunks Milk Choice	Chicken Patty on School Bun Seasoned loops Mixed Veggies Sliced Pears Milk choice	Menus are subject to change
19	20	21	22	23	24	25
	Pizza Burger French Fries Mixed Veggies Fruit Cocktail Milk Choice	Chicken sticks Whipped Potatos Country Gravy Dinner Roll Peas Peach Slices Milk Choice	Wafered Ham Sandwich Tater Tots Cauliflower/ cheese sauce Apple Pie / whipped Topping Milk Choice	Taco Pie Lettuce/ Salsa Corn Dinner Roll Orange 1/4's Milk Choice		
26	27	28	29	30	1	2

Middle September Lunch Menu 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Hot Dog or Pig in a blanket Crispy Potatos 7 layer salad Fresh Strawberries New Event 11 New Event 12	Chicken Fried Steak Whipped Potatoes Country Gravy Hot roll Peas Peach slices	Hamburgers Baked Sunchips Baked Beans Macaroni Salad Watermelon Chunks Cookie	This institution is an equal opportunity provider
29	30	31	1	2	3	4
Yogurt and cheese choice each day also Milk choice daily		Crispitos Tossed Salad Green Beans Cornbread with honey Sliced Peaches	Chicken Strips Augrautin Potatos Steamed Carrots Hot roll Apple 1/2	Marzetti Mlxed Veggies Biscuits/jelly Fresh Cantaloupe	Beef and Bean Burrito Plain or smothered Corn Shredded lettuce Salsa Cinnamon Bred Sticks Diced Peaches	
5	6	7	8	9	10	11
Yogurt and cheese choice each day also Milk choice daily	Chicken Nuggets Whipped Potato/Gravy Green Beans Hot roll Watermelon	Spaghetti Beef Peas Tossed Salad Garlic Bread Orange Slices	Tostado Lettuce/tomatoes Salsa Corn Biscuit/Jelly Strawberry & Bananas	Chicken and Noodles Whipped Potatoes Green Beans Hot Roll Fresh Peach Cookie	School Pizza carrot/dip garlic bread green beans Cantaloupe	
12	13	14	15	16	17	18
Yogurt and cheese choice each day also Milk choice daily	Crispy Taco Lettuce / tomatoes Salsa Corn Cornbread/honey Sliced Peaches	Wafered Turkey Wrap Crispy Fries Broccoli / cheese Rosey Applesauce	Cheese Pizza Carrots Whole Wheat Roll Lettuce salad Cantaloupe Chunks	Mini Korn Dogs Seasoned Wedges Green Beans Hot roll Pineapple chunks	Chicken Patty on School Bun Seasoned loops Mixed Veggies Sliced Pears	Menus are subject to change
19	20	21	22	23	24	25
Yogurt and cheese choice each day also Milk choice daily	Pizza Burger French Fries Mixed Veggies Fruit Cocktail	Chicken sticks Whipped Potatos Country Gravy Dinner Roll Peas Peach Slices	Wafered Ham Sandwich Tater Tots Cauliflower/cheese sauce Apple Pie squares with whipped Topping	Taco Pie Lettuce/ Tomatoes Salsa Corn Dinner Roll Orange 1/4's		
26	27	28	29	30	1	2

High September Lunch Menu 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Hot Dog or Pig in a blanket Crispy Potatos 7 layer salad Fresh Strawberries	Chicken Fried Steak Whipped Potatoes Country Gravy Hot roll Peas Peach slices	Hamburgers Baked Sunchips Baked Beans Macaroni Salad Watermelon Chunks Cookie	This institution is an equal opportunity provider
29	30	31	1	2	3	4
Yogurt and cheese choice or sub sandwich each day also Milk choice daily		Crispitos Tossed Salad Green Beans Cornbread with honey Sliced Peaches	Chicken Strips Augrautin Potatos Steamed Carrots Hot roll Apple 1/2	Marzetti Mixed Veggies celery sticks Biscuits/jelly Fresh Cantaloupe	Beef and Bean Burrito Plain or smothered Corn Shredded lettuce Salsa Cinnamon Bred Sticks Diced Peaches	
5	6	7	8	9	10	11
Yogurt and cheese choice or sub sandwich each day also Milk choice daily	Chicken Nuggets Whipped Potato/Gravy Green Beans Hot roll Watermelon	Spaghetti Beef Peas Tossed Salad Garlic Bread Orange Slices	Tostado Lettuce/tomatoes Salsa Corn Biscuit/Jelly Strawberry & Bananas	Chicken and Noodles Whipped Potatoes Green Beans Hot Roll Fresh Peach Cookie	School Pizza carrot/dip garlic bread green beans Cantaloupe	
12	13	14	15	16	17	18
Yogurt and cheese choice or sub sandwich each day also Milk choice daily	Crispy Taco Lettuce / tomatoes Salsa Corn Cornbread/honey Sliced Peaches	Wafered Turkey Wrap Crispy Fries Broccoli / cheese Rosey Applesauce	Cheese Pizza Carrots Whole Wheat Roll Lettuce salad Cantaloupe Chunks	Mini Korn Dogs Seasoned Wedges Green Beans Hot roll Pineapple chunks	Chicken Patty on School Bun Seasoned loops Mixed Veggies Sliced Pears	Menus are subject to change
19	20	21	22	23	24	25
Yogurt and cheese choice or sub sandwich each day also Milk choice daily	Pizza Burger French Fries 7 layer salad Mixed Veggies Fruit Cocktail	Chicken sticks Whipped Potatos Country Gravy Dinner Roll Peas Peach Slices	Wafered Ham Sandwich Tater Tots Cauliflower/cheese sauce Apple Pie squares with whipped Topping	Taco Pie Lettuce/ Tomatoes Salsa Corn Dinner Roll Orange 1/4's		
26	27	28	29	30	1	2